



**Join Us
VIRTUALLY
Oct. 6-8**

The purpose of this intimate conference is to enable senior care professionals to increase their knowledge and skills to better provide for residents. Expert speakers will get you recharged while providing the latest information on topics you need to know.

**Oktoberfest
Conference
for Long-Term Care,
Assisted Living and
Skilled Nursing
Professionals**

October 6-8, 2021
Virtual Conference



Missouri League
for Nursing

WEDNESDAY, OCTOBER 6

12:00 – 12:30 P.M.

Zoom Room Opens

12:30 – 1:30 P.M.

How to Understand, Prepare, and Respond to Future Pandemics

1.0 patient care hour

Speaker: Carole R. Baskin, DVM, MSc, CPIA, Director, Communicable Diseases Prevention, Saint Louis County Department of Public Health

The COVID pandemic has taught us many lessons. In this presentation, we will look at how the COVID pandemic was predictable and explore human drivers of emerging and re-emerging infectious diseases (including climate change). We'll discuss the molecular mechanisms behind zoonotic to human-transmissible infections as well as the importance of syndromic surveillance in detecting emerging infections.

1:30 – 2:30 P.M.

Quick Tips and What is New with Social Media Marketing

1.0 administrative hour

Speaker: Tiffany Garavaglia, Senior Marketing Partner, Cedar Hurst Living

Join us as we explore the world of social media and what it means to our industry. Over the last decade, and even more over the past year, online platforms are crucial to listen and engage with your clients in a virtual space. We will be diving into the importance of your online presence, how to choose and use your platforms, and using digital advertising to attract new clients.

2:30 – 2:45 P.M.

Break

2:45 – 4:15 P.M.

Requirements of Participation: Phase 2 & 3 Review

1.5 administrative hours

Speaker: Nicky Martin, MPA, LNHA, CDP, IP Long-Term Care Leadership Coach, MU MDS and Quality Research Team, Sinclair School of Nursing

This session will serve as a refresher for the Phase 2 and Phase 3 Requirements of Participation (RoPs), implemented in November 2017, and November 2019 respectively. Since Phase 1 was introduced in 2016, a number of changes have occurred and now Phase 2 and Phase 3 are upon us. This training covers details of Phase 2 and Phase 3, aiding you to understand where RoPs have been and will also include helpful tips and resources.

THURSDAY, OCTOBER 7

8:00 – 10:00 A.M.

Working with Challenging Residents

2.0 patient care hours

Speaker: Chien Y. Hung, MSW, MA-G, RYT, Program Director of the Long Term Care Ombudsman Program

Long-term care professionals will encounter individuals with a wide assortment of cultural beliefs and perceptions. Too many times, this creates situations that are deeply offensive to the caregiver. In a work setting, how can LTC professionals navigate "isms" (racism, sexism, etc.) directed at them by residents? How can you mitigate workplace toxicity and protect yourself against residents with this mindset?

10:00 – 10:15 A.M.

Break

10:15 – 11:15 A.M.

Regulatory Update From The Section for Long-Term Care

1.0 administrative hour

Speaker: Tracy Niekamp, Assistant Administrator, Section for Long Term Care Regulation, Department of Health and Senior Services

This session will focus on current guidance and status of COVID-19 outbreaks, as well as explore-resources available to communities to respond to the pandemic. Additionally, survey inspection activity will be discussed along with regulatory updates from the Section for Long-Term Care Regulation.

11:15 A.M. – 12:15 P.M.

Painting the Picture: Functional Decline and Determining Disease Specific Decline

1.0 patient care hour

Speaker: Judy Waechter, RN CRRN BCPA, Elara Caring, Area Vice President Hospice Sales

A picture paints a thousand words. The purpose of this session is to assist the long-term care (LTC) community in determining the stage of life and the potential for end-of-life practices to support the individual and the family with the normal progression of disease and treatment options. Explore the relationship between functional and disease specific decline to ensure appropriate level of care and Medicare eligibility for services available in the LTC setting.

12:15 - 1:15 P.M.

Lunch



1:15 – 2:15 P.M.

Mental Health in Geriatric Resident in Relation to Post Covid Changes

1.0 administrative hour

Speaker: Steve Miskovic, M SW, LCSW, CMC, Care Choice Care Director of Operations

As COVID-19 continues to overwhelm our health care systems in our country and state, workplace stress is on the rise. Healthcare workers are working more hours with less resources, specifically human capital. The demand on our time, both professionally as well as in our personal lives have left many feeling overwhelmed and burdened. Uncertainty, doubt and lower confidence levels can contribute to workplace burnout. Finding solutions to combat these stressors are vital to the well-being our our professional caregivers.

2:15 – 3:15 P.M.

Show Me the Science: Immune Response to Vaccines and COVID-19 Infection

1.0 patient care hour

Speaker: Dr. Ali Ellebedy, Washington University

A successful immune response to vaccination results in high and persistent levels of potently and broadly neutralizing antibodies. SARS-CoV-2 RNA vaccines are playing a pivotal role in controlling the current SARS-CoV-2 pandemic. In this session we will discuss, the dynamics of vaccine induced B cell responses in humans and the different responses from those induced after SARS-CoV-2 infection in humans.

3:15 – 3:30 P.M.

Break

3:30 – 4:30 P.M.

Infection Control Assessment and Response (ICAR)

1.0 patient care hour

Speaker: Sharon Thomas, BSN, RN, IP, Clinical Educator Covid-19 Accountability Team, QIPMO

The Infection Control Assessment and Response (ICAR) program was developed as to assess Infection Control and Prevention practices in nursing homes. It has proven to be a way to identify areas that could be improved in long-term care settings during the COVID crisis. Even though it has a COVID focus, it is relevant to every home's Infection Prevention and Control Program. COVID may go away but we need to stay poised to prevent and control all sources of infection in our homes. This session will describe the ICAR process and identify ways it will help in your home.

FRIDAY, OCTOBER 8

8:00 – 9:00 A.M.

The Changing World of Healthcare in the Presence of COVID

1.0 administrative hour

Speakers: Catherine Jamerson and Lindsey Griggs, SSM Health

This session will offer an opportunity to evaluate a hospital's response concepts, plans and capabilities regarding the outbreak of COVID 19, including the processes for a facility to safely identify and effectively isolate a symptomatic patient, as well as, assessing and communicating processes internally and among external healthcare partners.

9:00 – 10:00 A.M.

The Future of Food & Service In Senior Living Communities

1.0 patient care hour

Speaker: Greg Gorgone, CDM, CFPP, Co-Founder, Pineapple Academy

Staffing in foodservice has never been more difficult. Now is the time to invest in training and career development of existing staff to keep them engaged and committed. Existing staff is your best ambassador to attract and retain new staff. This presentation is covers how to find staff, train them, and provide the tools they need for success and growth.

10:00 – 10:15 A.M.

Break

10:15 – 11:15 A.M.

Optimizing Drug Therapy Through Person-Centered Care

1.0 patient care hour

Speaker: Dr. Hedva Levy, PharmD, BCPS, BCGP

This program will explore concepts regarding suboptimal medication use among older adults, with an emphasis on the long-term care setting. Understanding what makes certain medications "potentially inappropriate" for older adults is important when providing person-centered care and to help us better advocate for older adult patients. In addition, combining prescriptions with nonprescription medications or dietary supplements can contribute to suboptimal medication use. Thus, greater insight into how to safely use these products can further contribute to improving quality of care in this vulnerable age group.

REGISTRATION FORM

Oktoberfest Virtual Conference 2021

Name _____ MLN ID # _____ Last Four Digits S.S. # _____

Cell Phone _____ Credentials _____ Email _____

Home Address _____

Home City _____ State _____ Zip Code _____

Employer _____ Employer MLN ID # _____

Confirmation, handouts, evaluation, and certificate will be sent via email.

Early Bird Registration Rate (postmarked on/before Sept. 17)

- \$350
- MLN or NLN Member Discounted Rate: \$250

Conference Registration Rate (postmarked after Sept. 17)

- \$400
- MLN or NLN Member Discounted Rate: \$300



Missouri League
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Check method of payment: Check Enclosed Discover/MC/Visa Total Enclosed \$ _____

Card # _____ Exp. Date _____ 3-Digit Security Code _____

Name on Card _____ Zip Code _____ Signature _____

CONFERENCE DETAILS

Location: Due to continued concern for individual safety and on-going travel restrictions, the 30th Annual Nursing Home Administrators Conference will be held virtually. Attendees will be sent a personal link and details regarding how to access and participate throughout the online event.

Handouts: Handouts will be emailed the week prior to the program. It is your responsibility to print off the handouts and have them available to you for the conference.

Photography: MLN reserves the right to photograph/record attendees for promotional use.

CONTINUING EDUCATION

In response to the COVID-19 situation, the Missouri Board of Nursing Home Administrators (MBNHA) recognizes the need for Missouri administrators to have flexibility in completing the required CE clock hours for the 2021 and 2022 license renewals. Administrators that are due to renew their license by June 30, 2021 or June 30, 2022, have the option to complete any and/or all CE clock hours online through a MBNHA approved

training agency or approved by NAB/NCERS. This program has been reviewed by the Missouri Board of Nursing Home Administrators and approved for 13.5 (5.5 A 8 PC) licensed administrator continuing education hours in Missouri. *Please call the MLN at 573-635-5355 with any questions.*

REGISTRATION DETAILS

Send registration form and fees to:
MLN, 604 Dix Road, Jefferson City, MO 65109

Registrations called in to 573-635-5355 or faxed to 573-635-7908 must be charged to Discover/MC/Visa. You may register and pay online at mlnmonursing.org. We cannot bill you.

CANCELLATIONS

Should you need to cancel, we suggest finding a substitute and notifying us of the change. There is a \$50 non-refundable cancellation fee. No refunds for cancellations will be made less than five business days prior to the conference. Cancellations must be received in writing. No refunds or credits will be made if registrant fails to attend.